

emergencies from drought to fire, flooding to severe winter weather, and even tornadoes.

In the wake of 9/11 and Hurricane Katrina, emergency management officials have learned that local emergency services and governmental agencies cannot necessarily rapidly respond to your individual needs. Buildings, roads, water systems, and communications can be severely hampered during a disaster. Basic infrastructure need to be made operational to allow emergency management assistance and recovery to begin.

In reading this guide, you have already taken the first step in family preparedness. You are learning how to take care of yourself and your family during an emergency or disaster. No one can stop natural disasters from occurring, but we can limit the impact

they have on our family. The chances of being killed or injured during a disaster are very low. However, you may not be able to live normally in your home until your family and community have transitioned into the recovery stage.

Experts, like the American Red Cross or Federal Emergency Management Agency (FEMA), recommend having three days worth of emergency supplies for each family member in your household, always. This Family

Preparedness Guide will show you how to plan for various disasters and emergencies that can happen...even in New Mexico.

Think of emergency preparedness as a "quality of life" issue. Proper planning, preparation, and practice will help you and your family be more comfortable when faced with an emergency. The most important factor is communication. Every member of your family needs to be involved in planning so that when disaster strikes, everyone will know what to do.

Once your family plan is complete – don't forget to practice. Just like you did when you were in school, once a month have your household "fire drill" or "flooding drill." Share your family plan

with your neighbors; help them plan for their family. Let them know that disasters strike – even in New Mexico.

Disclaimer

Information found in this Family Emergency Preparedness Guide is not intended to be taken as specific direction, but is the best recommendation based on proven experience and research. Primary source of information found this publication is provided courtesy of the Federal Emergency Management Agency. Before and during an emergency or disaster, you should obtain information locally for your specific situation, address, and for other recommendations.





4